



Tuesday, August 7, 2018

1. **“Don’t Be A Jerk” – The Latest EM Pulse Podcast *from Faculty in Emergency Medicine***



Want to be a better provider for your transgender patients?

Take a listen to our latest episode of the EM Pulse podcast, entitled "[Don’t Be A Jerk](#)".

In this episode JM, a transgender patient, shares their experience in the ED and local expert Dr. R. Nick Gorton and I give specific tips to help you be better prepared to care for this exceptionally marginalized population.

2. **Major medical errors associated with high levels of physician burnout, study says (The Sacramento Bee - July 30, 2018)**

“It’s estimated there’s something like 400 physicians a year in American suicide - that’s the equivalent of two large medical school classes,” said Yellowlees, who recently published a [book](#) titled “Physician Suicide Cases and Commentary.”

As a practicing psychiatrist, Yellowlees sees physicians as clients. These physicians come from a variety of health groups, including UC Davis, Sutter Health, Kaiser Permanente and Mercy General Hospital as well as private practice. Burnout is a minor psychiatric problem that can have more severe implications, Yellowlees said.

“I think it’s pretty clear burnout can act as a trigger,” he said. “We know that there are lots of causes of depression. If you then are in a situation where you’re feeling very burnt out through your work, it can be a trigger.”

In addition to its effect on physicians, burnout also hurts physicians’ families and their patients in various ways.

“We know that patients are less adherent to our treatment recommendations when physicians are burned out, physicians show less empathy to their patients when burned out and physicians are less satisfied with their care,” Sinsky said. “Physicians and other clinicians who are burned out are at higher risk of divorce, diseases such as coronary artery disease, drug and alcohol abuse.”

Read the full article [here](#).

3. UC Davis Researchers Find Quiet Viruses Alter Body's Response to Vaccines, Pathogens

<https://www.ucdmc.ucdavis.edu/publish/news/newsroom/13073>

(SACRAMENTO, Calif.) — UC Davis researchers have shown that low levels of cytomegalovirus (CMV) have a significant impact on microbe and immune cell populations and how the immune system responds to the influenza vaccine. The [study](#) was published in the [Journal of Virology](#).



“Subclinical CMV infection alters the immune system and the gut microbiota in the host and that impacts how we respond to vaccines, environmental stimuli and pathogens,” said [Satya Dandekar](#), who chairs the Department of Medical Microbiology and Immunology at UC Davis and was senior author on the paper. She is also a core scientist in the infectious diseases unit at the California National Primate Research Center at UC Davis.

“This study highlights the role of these silent, latent viral infections that are totally asymptomatic,” she said.

“This highlights the impact silent viruses have to influence how the host responds to vaccines,” said Dandekar. “Can we somehow use this information to optimize our immune system? That’s the direction we would like to go to see how we can inhibit CMV to see if we can enhance the vaccine response.”

Other researchers included Mariana G. Weber, Gema Méndez-Lagares, W. L. William Chang, Guochun Jiang, Jesse D. Deere, Ellen E. Sparger, Jeffrey Roberts Peter A. Barry and Dennis J. Hartigan-O’Connor.

4. The Vice Chancellor’s LGBTQ+ Advisory Council hosts LGBTQ+ Fall Welcome Thursday, September 20th from 4:30 – 7 p.m. at One Speed Pizza

Click below to RSVP “Attending” this event

<https://ocpweb.ucdavis.edu/dems/register/register.cfm?variables=7EC1D22FDDAD>

5. Improving OUTcomes Conference for LGBTQ+ Health



Participants who register now through August 24th will be automatically entered in a raffle to win a Sacramento Republic FC prize package! Winners to be announced August 30th

October 19-20, 2018
Embassy Suites Riverfront Promenade
Sacramento, CA

Register [here](#)

- * CME/CEU credits available
- * MAs/RNs/Residents – email ioc@ucdavis.edu for special discount codes
- * For more details about this year's topics visit our [website](#)

6. Celebrating 50 years for the School of Medicine and reaching 200+ women professors in the Schools of Health



Date: October 27, 2018
Time: 4-6 p.m.
Location: Putah Creek Lodge, Davis

Click [here](#) to register

7. Faculty Development and Diversity (FDD) Website Survey – FDD is building a new website! Help guide us in this process by completing a brief [survey](#) to provide us with feedback on our current website and to let us know what can be improved. Your feedback is important and will help inform the redesign of our website.

Questions or comments can be directed to [HS-UCDHS Faculty Development](#)

8. Date set for New Faculty Workshop - Tools for Success!



For new faculty members, navigating the culture of UC Davis Health, one's department, work and life can be overwhelming. Mentoring relationships can help with that! This year we are adding a Speed Mentoring event (4 – 5pm) as part of the New Faculty Workshop. Registered attendees will receive a catered meal and then the speed mentoring event will take place during which small groups will be able to meet with multiple senior faculty mentors to discuss

topics of interest. Event will end at 5:00 pm.

Tuesday, October 30, 2018
1:00 - 5:00 pm
MIND Institute Auditorium
2825 50th Street, Room 1115, Sacramento

[Map and directions](#)
[Click here to register](#)

[Event flyer](#) (PDF)

- 9. NEW Faculty Development and Diversity Blog**
[Subscribe](#) to be notified of NEW posts COMING SOON!

