



**10 sessions  
Mondays,  
4:30-5:45pm**

For students  
ages  
10-13 who  
struggle in  
the school  
setting with  
attention and/or  
hyperactivity.

## **ADHD Intervention Group** *Skills to be a Successful Student*

Many children diagnosed with ADHD have difficulty carrying out tasks required to be successful in school, such as organization and time management. Students ages 10 to 13 diagnosed with ADHD are invited to participate in an intervention group to learn and practice skills to help them succeed in school. The group will meet Mondays from 4:30 to 5:45 pm. Sessions will include training, practice, and child and parent check-ins to review skills and plan for weekly practice. Topics covered in group will include:

- Organization of materials and tasks
- Homework tracking
- Maintaining organizational systems
- Creating and following schedules
- Self-management

**For more information and to schedule an intake appointment, please contact:**

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